



Protect your family from **ADDICTION**

Safe storage and disposal of medicine are essential

Keeping unused or expired medication is risky! More than 10 million Americans misused prescription drugs in 2019. Most obtained them from family or friends — often from their own medicine cabinet.

Understand your medications

When you get a prescription, be sure you understand why, what danger signs to heed and how to follow the dosage. Get the details from your doctor or pharmacist.

Safely store prescriptions

Just having an opioid in your house makes it more likely that a relative could overdose by accident or develop an addiction.

- Don't share prescriptions.
- Put away medicine every time.
- Ensure that any safety cap is engaged.
- Store prescriptions out of reach of children to prevent accidental poisoning.
- Lock up addictive prescriptions. (Simple lockboxes can be purchased at pharmacies or online).
- Track usage to guard against pilfering.

Discuss the dangers of misusing medications with older children and teenagers. Doing so can cut their risk of future drug abuse in half.

