

Protecting Ohio's Families

Ohio Attorney General Mike DeWine's Heroin Unit Community Solutions Guide



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Table of Contents

AWARENESS, EDUCATION, AND PREVENTION	1
COMMUNITY AWARENESS	1
<i>Parent Engagement</i>	1
<i>School Engagement</i>	1
<i>Technology</i>	3
<i>Website Development</i>	4
<i>Social Media</i>	5
<i>Community Event Planning</i>	5
<i>Raising Awareness</i>	6
<i>Faith Community Engagement</i>	7
<i>Business Community Engagement</i>	8
EDUCATION AND TRAINING.....	9
<i>Recognizing Signs and Symptoms of Abuse</i>	9
<i>Prescriber Resources</i>	10
<i>Training for Law Enforcement</i>	10
<i>Training for Medical Professionals</i>	11
<i>Trauma-Informed Care</i>	11
<i>Research and Data</i>	11
PREVENTION	12
<i>Mentoring and Youth Engagement</i>	12
<i>Coalition Building</i>	14
<i>Developing Drug-Prevention Programs</i>	14
<i>Infectious Disease Prevention</i>	15
<i>Prescription Drug Monitoring</i>	15
<i>Human Trafficking</i>	15
TREATMENT AND RECOVERY SUPPORT	16
ACCESSING TREATMENT	16
PROGRAMS FOR WOMEN.....	17
RECOVERY AND SUPPORT SERVICES	17
<i>Peer Supporter Certification</i>	17
<i>Support Groups</i>	17
<i>Clients Rights and Recovery Support</i>	19
<i>Victim Services</i>	20
<i>Job Placement and Re-entry Programs</i>	21
<i>Transportation</i>	21
<i>Housing</i>	22
CRIMINAL JUSTICE.....	23
SCHOOL RESOURCE OFFICERS	23
DRUG ABUSE RESISTANCE EDUCATION (D.A.R.E.).....	23
SUBMITTING TIPS AND REPORTING SUSPICIOUS ACTIVITY.....	23

PRESCRIPTION DRUG DISPOSAL.....	24
LAW ENFORCEMENT TRAINING AND SUPPORT.....	24
NALOXONE FOR FIRST RESPONDERS	25
DIVERSION INITIATIVES	26
LEGISLATION	27
LEGISLATIVE ADVOCACY.....	27
SYNTHETIC NARCOTICS	27
FUNDING	28
DRUG USE PREVENTION FUNDING.....	28
MEDICAID AND HEALTH CARE COVERAGE	28
GRANTS.....	28

Awareness, Education, and Prevention

Community Awareness

Parent Engagement

Start Talking!

Start Talking! is designed to give parents, guardians, educators, and community leaders the tools to start a conversation with Ohio's youth about the importance of living healthy, drug-free lives. For more information, visit www.starttalking.ohio.gov.

KNOW! Tips

KNOW! Tips are age-appropriate facts on drugs, alcohol, and tobacco that are emailed twice a month to parents, grandparents, or caregivers, and are excellent conversation starters. Schools can sign up for the TEACHable moments emails that can be used in school or distributed to parents in newsletters or folders. For more information, visit <http://starttalking.ohio.gov/Schools/Know>.

Parents 360 Rx

Parents 360 Rx is designed to raise awareness of the opiate epidemic, eliminate the stigma associated with the disease of addiction, and offer tools for safeguarding medication. The Web page offers a free video to show to the community, and a toolkit that offers guidance on how to host an event. For more information, visit www.starttalking.ohio.gov/Schools/PARENTS360-Rx.

School Engagement

5 Minutes for Life

In this program, Ohio State Highway Patrol troopers, Ohio National Guard members and local law enforcement officials talk with student-athletes for five minutes before or after a practice about responsible decision-making, leadership, and ways to encourage their peers to live a drug-free lifestyle. After the presentations, athletes are encouraged to spread the message within their school and on social media using the 5 Minutes for Life key points. For more information, visit www.starttalking.ohio.gov/Schools/5-Minutes-for-Life.

Tyler's Light

Tyler's Light is a grass-roots organization formed after a tragedy. Tyler Campbell, a Pickerington High School North graduate and University of Akron football player, became addicted to prescription painkillers while recovering from an injury. Campbell died of an accidental overdose in the summer of 2011. Tyler's Light was launched by people who knew and loved him. Tyler's Light is a nonprofit organization dedicated to assisting the community with drug awareness and prevention.

Student presentations for high school and middle school emphasize the message, "Speak Up! Save a Life!" For more information, visit <http://tylerslight.com>.

Robby's Voice

The organization focuses on promoting awareness and education surrounding drug addiction. Team members provide education to students, parents, and the community. The student program provides information about addiction and focuses on making good choices and the resulting consequences. For more information, visit www.robbyvoice.com.

The PEACE Project

The PEACE (Protecting Every Abused Child Everywhere) Project is an anti-bullying program that begins with a daylong workshop, where middle school students are paired with mentors from high school who work with them for the remainder of the school year. Kids in need are visited daily by the trained mentors, and the victims then become part of the solution. The program empowers youths by giving them a voice through artistic expression in art, music, dance, and more. The program's materials, videos, and presentations are offered at no cost. For more information, contact Bill Geha at 419-944-8191 or wag43560@aol.com.

Ohio State Collegiate Recovery Community

Since 2013, the Ohio State Collegiate Recovery Community (CRC) has been supporting students in recovery from alcohol and other drug addictions to pursue their dreams of achieving an education while maintaining their recovery. The CRC supports individuals from the admissions process all the way through graduation. It is connected to the Higher Education Center for Alcohol and Other Drug Misuse Prevention and Recovery (HECAOD), which supports colleges and universities by providing technical assistance, training, information, and resources. The HECAOD can help you find a collegiate recovery program that is right for you, or help your school start one. To learn more about Ohio State's CRC, visit <http://swc.osu.edu/services/alcohol-tobacco-and-other-drugs/collegiate-recovery-community/>. To find out how you can start your own CRC, visit: <http://hecaod.osu.edu/>.

Technology

Ascent

Ascent uses evidence-based peer-recovery coaching paired with a mobile application in order to support those in recovery. Ascent connects peers with coaches that have lived and breathed what people in recovery, or their families, are going through. Ascent peer coaches are active participants and contributors as individuals make progress on their journey to recovery. Ascent is for anyone with a substance-use disorder and/or a mental-health diagnosis. For more information, visit www.ascent.org.

Relink.org

Relink.org quickly connects those seeking addiction-recovery resources, on an easily sortable online platform of local recovery service providers. Relink.org offers a user-friendly, up-to-date, searchable site of services. For more information, visit www.relink.org.

The Emerald Jenny Foundation

The Emerald Jenny Foundation is a nonprofit founded by Bill Ayars in memory of his daughter Jennifer. Their mission is to help people locate substance use disorder treatment providers and provide a free searchable website to those who are in need of treatment. The statewide online database includes almost 1200 resources that have been individually compiled and continually reviewed and updated throughout the year.

When Bill Ayars recognized that Jennifer was struggling with addiction, he, like many others, had no idea where to start to get help. Based on his experience, he developed a site that is easy to navigate and includes definitions for words like assessment which many individuals might hear as needed but not understand what it meant. The site has been designed from a family's perspective. Bill stated, "It's about softly showing someone how to go from darkness to the light. It's very subtle in its appearance, but it's trying to help people move toward something. Reaching out is a difficult experience."

The Emerald Jenny Foundation can be found here www.emeraldjennyfoundation.org.

The following video provides an overview of the services offered.

<http://www.ideastream.org/programs/ideas/local-family-turns-heartbreak-into-plan-to-stop-opioid-deaths>

WellHQ

WellHQ builds Recovery Ecosystem Mapping Intelligence (REMI) to provide community teams with data-driven insights on the effectiveness of their opioid addiction treatment and recovery systems. REMI uses data from public transportation sources, first responders, coroners, public health departments, and treatment and recovery centers to build a map of the recovery ecosystem and its recovery deserts and hot spots. The simulations and models show where to place new treatment and recovery centers and how best to move public transportation routes. For more information, contact David All at 415-852-2618 or david@wellhq.com.

Website Development

A website is a great way to share information about the resources available in your community. We recommend including:

- A countywide listing of agencies and resources.
- A monthly calendar of activities.
- Information on the disposal of prescription drugs.
- Support group information.

Also, there are many coalition and grass-roots websites that your group could join to curtail website-development costs.

One example is Cuyahoga County's "Let's Face Heroin" website, which can be used as a template. Cuyahoga County: www.letsfaceheroin.com

Other examples:

- Butler County: www.letsfaceheroinbc.org
- Hamilton County: <http://injecthope.com>
- Franklin County, Upper Arlington: <http://www.thestandprojectua.org>
- The Community Recovery Project: www.communityrecoveryproject.org/?page_id=81

Social Media

A recent article by the Substance Abuse and Mental Health Services Administration (SAMHSA) explains how to use social media as a tool for addressing mental-health and substance-abuse issues. To read the article, visit <http://newsletter.samhsa.gov/2015/08/13/social-media-as-a-tool-for-addressing-behavioral-health>.

Nextdoor.com

Nextdoor.com is a platform used to engage residents based on their neighborhood. It provides real-time information about crime, drugs, and other community issues. Visit <https://nextdoor.com>.

Community Event Planning

Community awareness events, such as town hall meetings, walks and runs, trainings, festivals, and community block parties, provide great opportunities to reach residents and share anti-stigma messages. Your group can share its message during a successful community activity or at its own stand-alone event. To host a stand-alone event, consider celebrating a national event at the local level.

A national event to consider is the National Family Partnership Red Ribbon Campaign. Red Ribbon Week is typically held the third week of October. The National Family Partnership organized the first nationwide Red Ribbon Campaign. Parents and youths began wearing red ribbons as a symbol of their commitment to raise awareness of the destruction caused by drugs in America and in response to the murder of DEA Agent Enrique Camarena. The Red Ribbon Campaign website has sample Red Ribbon Week activities. For more information, visit <http://redribbon.org/activities>.

Other national observances:

- September: Recovery Month
- October: National Substance Abuse Prevention Month
- December: National Drugged and Drunk Driving Prevention Month
- January: National Drug Facts Week
- May: National Prevention Week and Mental Health Month

Raising Awareness

Marin's Story – The Battle Against Heroin

The video, produced by the Ohio Attorney General's Office, tells the story of a family affected by drug addiction. Visit www.OhioAttorneyGeneral.gov/getdoc/78d4dde6-67b9-4cb7-9533-d2d855805b0f.

National Institute on Drug Abuse for Teens

The National Institute on Drug Abuse (NIDA) for Teens is organized to offer students a range of educational experiences as they learn facts about drugs and neuroscience, and to support educators and parents as they aid student learning. NIDA for Teens offers public service announcements, visit <http://teens.drugabuse.gov/interactives-and-videos/videos>.

People Recover

People Recover is an educational comic book produced by the Substance Abuse and Mental Health Services Administration (SAMHSA) about co-occurring disorders. The book provides a hopeful message of recovery for people with substance-use disorder and mental illness and offers helpful resources. To order a free copy, visit www.store.samhsa.gov/product/People-Recover/SMA13-4712.

'Chasing the Dragon' Public Service Announcement

In an effort to combat the growing epidemic of prescription drug and heroin abuse, the FBI and the Drug Enforcement Agency have released *Chasing the Dragon: The Life of an Opiate Addict*, a documentary made to educate students and young adults about the dangers of addiction. The 45-minute video is available online. Visit www.fbi.gov/news/stories/2016/february/raising-awareness-of-opioid-addiction/raising-awareness-of-opioid-addiction.

Cover2 Resources

Cover2 strives to spread awareness, educate, and advocate for those touched by the opioid epidemic in order to improve the probability for long-term recovery and eliminate the associated stigma. Cover2 Resources produces the PPT podcast series. Each week Greg McNeil interviews experts on issues related to the opioid epidemic. Cover2 Resources conducts research to find programs that have proven effective in fighting the opioid epidemic in other communities. The goal is to locate and champion best practices and programs in northeast Ohio. For more information, call 877-901-3277 or visit <https://cover2.org>.

Faith Community Engagement

The Ohio Attorney General's Office

The Ohio Attorney General's Office works regularly with the faith community on outreach projects. A video about some of the actions of the faith community was developed for the Epidemic of Hope events that took place throughout the state. To view the video, visit www.OhioAttorneyGeneral.gov/Media/Videos/Ohio's-Opioid-Epidemic-Faith-in-Action.

SAMSHA Faith-Based and Community Initiatives (FBCI)

The Substance Abuse and Mental Health Services Administration (SAMHSA) FBCI is a model for how effective partnerships can be created between federal programs and faith-based and community organizations. For more information, visit www.samhsa.gov/faith-based-initiatives.

The U.S. Department of Health and Human Services (HHS)

The U.S. Department of Health and Human Services (HHS) recognizes that faith-based and community partners eagerly step in to meet the needs of their colleagues, friends and neighbors — especially during a crisis. As a result, a toolkit was created to assist in equipping faith-based and community partners in their response to the opioid epidemic. The toolkit, which is segmented in seven key areas, covers practical ways your community can consider bringing hope and healing to those in need. Monthly webinars are also provided. To sign up, send an email to Partnerships@HHS.gov. For more information, visit www.hhs.gov/sites/default/files/hhs-partnership-ctr-opioid-practical-toolkit-unremediated.pdf.

Ohio Governor's Office of Faith-Based and Community Initiatives

The governor's Community Connectors program is designed to unite students, their parents or caregivers, schools, communities, faith-based groups, and businesses through mentoring programs. The programs create new pathways for civic engagement and result in higher educational achievement, improved health, and greater workforce readiness. For more information, visit www.governor.ohio.gov/PrioritiesandInitiatives/FaithBasedandCommunityInitiatives.aspx.

The Champions Network

The Champions Network, a part of the Refuge (<http://therefugeohio.org>), creates small groups to reach out to the addicted. The network uses a Christ-centered redemption model to equip the church to serve people with addiction and heal communities. The network offers access, connection to, and collaboration with more than 200 recovery-focused partners statewide. For more information, visit <http://therefugeohio.org/wp-content/uploads/2017/07/Champions-Materials.pdf>.

Business Community Engagement

Ohio Chamber of Commerce

Ohio's employers, asking what they should do about the opioid problem in their workplaces, reached out to the Ohio Attorney General's Heroin Unit. The unit and the Ohio Chamber of Commerce brought in Working Partners, an Ohio drug-free workplace consulting and training firm, to provide help and expertise. As a result, the Opioid Toolkit was produced to arm Ohio employers with resources to be better prepared to prevent and respond to the problem. The toolkit is free and available at www.ohiochamber.com.

Start Talking! Business Impact Zone

The program offers Ohio employers information and tools to combat substance abuse, which affects productivity and safety in the workplace. For more information, contact Sarah Moore, director of Start Talking!, at 614-387-2799 or Sarah.Moore@mha.ohio.gov, or visit <http://starttalking.ohio.gov/Community/Businesses>.

Ohio Bureau of Workers' Compensation – Drug Free Safety Program

The program offers a rebate to eligible employers that implement a loss-prevention strategy addressing workplace use of alcohol and other drugs. For more information, visit www.bwc.ohio.gov/employer/programs/dfspinfo/dfspdescription.asp.

Education and Training

Recognizing Signs and Symptoms of Abuse

Ohio Attorney General's Drug Abuse Awareness Flyer

To assist communities in need of educational materials, the Ohio Attorney General's Heroin Unit developed a flyer that features the signs and symptoms of abuse and highlights where individuals can seek help. The flyer can be customized to include your community's contact information and logo. To request flyers, send an email to HeroinUnit@OhioAttorneyGeneral.gov. To print your own, visit www.OhioAttorneyGeneral.gov/Files/Publications-Files/Publications-for-Law-Enforcement/Drug-Abuse-Prevention-Publications/Drug-Addiction-Affects-All-Ohioans.aspx.

Let's Face Heroin 'Signs' Video

The Let's Face Heroin website offers a video that points out the signs and symptoms of opioid abuse so loved ones can recognize the signs and seek help. To see the video, visit www.letsfaceheroin.com/signs.html.

Operation Street Smart

The Franklin County Sheriff's Office's Operation Street Smart is a presentation geared toward those who work with youths. The goal is to educate adults on current drug trends, terminology, and paraphernalia. For more information, visit <https://sheriff.franklincountyohio.gov/Programs/Operation-Street-Smart/Drug-Education>.

Hidden in Plain Sight

The Bath and Copley Police Departments of Summit County created an interactive traveling exhibit to help parents learn to recognize signs of risky behavior among teenagers. The exhibit contains items that may indicate that a teen is using drugs or participating in other dangerous activities.

Accompanying the display is an hour-long educational presentation. No youths are permitted to attend. For information on the exhibit, visit www.copley.oh.us/194/Hidden-In-Plain-Sight.

Prescriber Resources

Prescribing Guidelines

The Governor's Cabinet Opiate Action Team Professional Education Workgroup developed the Ohio Emergency and Acute Care Facility Opioids and Other Controlled Substances Prescribing Guidelines, which, along with supporting information, can be found on the website of the Ohio Department of Health. Visit

<http://www.healthy.ohio.gov/ed/~-/media/180E3890035E428595A08DF1D2DC372F.ashx>.

The Center for Disease Control and Prevention recently released their guidelines for prescribing opioids for chronic pain. The guidelines and supporting information can be found on the agency's website. Visit www.cdc.gov/drugoverdose/prescribing/guideline.html.

Smart Rx Online Training

The Ohio State Medical Association developed an online training for physicians to address prescription drug abuse. To see it, visit www.osma.org/SmartRx.

Training for Law Enforcement

Ohio Peace Officer Training Academy

The Ohio Peace Officer Training Academy (OPOTA) offers basic and advanced courses for law enforcement at its London and Richfield campuses, regional hubs, via mobile academies, online, and through webcasts. To access a full list of available courses and fees, visit

www.OhioAttorneyGeneral.gov/Law-Enforcement/Ohio-Peace-Officer-Training-Academy.

Drug Enforcement Administration

The Drug Enforcement Administration has issued warnings about high-potency opioids such as fentanyl and carfentanil. The warning videos and handouts ensure that first responders are aware of the dangers of improper handling of the drugs and the risk of overdose. For news on drug enforcement, visit www.dea.gov/index.shtml.

Training for Medical Professionals

When prescription drug abuse became a serious, growing problem in the United States, especially among pre-teens, adolescents, and young adults, the National Association of School Nurses (NASN) reached out to its members to offer help by providing prevention programming and other resources. NASN provides a listing of resources available to school nurses to aid prevention education efforts and spell out the group's position on naloxone use in schools. For more information and resources, visit www.nasn.org/nasn-resources/practice-topics/drugs-abuse.

Trauma-Informed Care

The Ohio Department of Mental Health and Addiction Services, in partnership with the Ohio Department of Developmental Disabilities, is expanding efforts to support and develop a statewide approach to Trauma-Informed Care. For a listing of available trauma-informed care trainers, visit <http://mha.ohio.gov/Default.aspx?tabid=772#28171125-trauma-informed-approach-trainers>.

Research and Data

Ohio Substance Abuse Monitoring

Biannually, the Ohio Substance Abuse Monitoring (OSAM) Network produces a drug trend report. These reports offer detailed information about the drugs available in regions across the state. The regions include: Akron-Canton, Athens, Cincinnati, Cleveland, Columbus, Dayton, Toledo, and Youngstown. To see the reports, visit <http://mha.ohio.gov/research/Ohio-Substance-Abuse-Monitoring-OSAM-Network>.

Prevention

Mentoring and Youth Engagement

Ohio Attorney General's Drug Use Prevention Grants

The grants help cover the salaries of law enforcement officers who conduct drug abuse resistance education in public schools. The Attorney General's Office works with law enforcement agencies throughout the state to educate children on the dangers of substance use and abuse and to build their self-esteem and decision-making skills. For more information, visit www.OhioAttorneyGeneral.gov/DrugUsePreventionGrant.

Foundations4Youth

In Pickaway County, the Circleville Police, Pickaway County Recovery Services (PARS), Circleville City Schools and the faith based community collaborated to open a Youth Drop-In Center. Named Foundations4Youth, the center provides a place where youth can feel safe, have basic needs met, receive tutoring and homework assistance, and enjoy a wide variety of fun activities. Resiliency and a sense of community are crucial to the prevention of adverse behaviors, including substance use. Foundations4Youth provides crucial foundation for prevention and resilience. The collaborators have been very pleased that approximately 150 youth attend each week. For more information, please send an email to HeroinUnit@OhioAttorneyGeneral.gov.

Ohio Youth-Led Prevention Network

The Ohio Youth-Led Prevention Network is a joint venture between Prevention Action Alliance and the Ohio Department of Mental Health & Addiction Services. The network, made up of youth-led substance abuse prevention providers, guides teens to make positive life decisions. For more information, visit <https://preventionactionalliance.org/connect/ohio-youth-led-prevention-network/>.

Big Brothers Big Sisters of America

Big Brothers Big Sisters of America is a mentoring program that provides guidance for at-risk youth to decrease substance abuse and other illicit behaviors, increase self-esteem, and teach critical life skills. For more information, visit www.bbbs.org.

Youth to Youth

Youth to Youth engages young people through meaningful activities and experiences to develop and implement their own ideas to create positive change. To see activities in central Ohio, visit www.youthtoyouth.net/central-ohio/central-ohio-initiatives.

Teen Institute

Ohio Teen Institute is a drug-free leadership conference for high school students. Through the program, students develop skills to become positive leaders within their schools and communities. Students are also equipped with the knowledge and skills to make positive choices for themselves and encourage their peers to make healthy decisions. For more information, visit www.ohioti.com.

Partnership for Drug-Free Kids

The Partnership for Drug-Free Kids translates the science of teen drug use and addiction and offers information and guidance. The organization also offers a parent-support network via a free helpline (855-DRUGFREE) and youth programming including the Medicine Abuse Project. For more information, visit www.drugfree.org.

The Medicine Abuse Project

The Medicine Abuse Project is an action campaign aimed at preventing teens from abusing medicine. It provides resources for parents and caregivers, law enforcement officials, health care providers, educators, and others in the community. It offers information about prevention, details how to dispose of medicine, and offers ways to safeguard medicine at home. For more information, visit <http://medicineabuseproject.org>.

Coalition Building

SAMSHA Strategic Prevention Framework

The five-step planning process guide of the Substance Abuse and Mental Health Services Administration (SAMSHA) assists states and local jurisdictions in implementing appropriate and sustainable prevention activities. For more information, visit www.samhsa.gov/capt/applying-strategic-prevention-framework.

The Ohio Center for Coalition Excellence

The Ohio Center for Coalition Excellence assists communities to mobilize substance-abuse prevention efforts. For more information, visit <https://preventionactionalliance.org/learn/resources/the-ohio-center-for-coalition-excellence/>.

Developing Drug-Prevention Programs

Ohio Attorney General

In 2016, Ohio Attorney General Mike DeWine created the Joint Study Committee on Drug Use Prevention Education in conjunction with the Ohio House speaker and the Ohio Senate president. The multidisciplinary group of law enforcement officials, bipartisan state legislators, teachers, superintendents, and preventionists traveled the state to meet with citizens and hear about local substance-use prevention efforts. In February 2017, the committee issued a report on its findings and recommendations. The committee's first recommendation was that every Ohio student receives annual, age appropriate prevention education in grades kindergarten through 12. In November 2017, Attorney General DeWine reconvened the group to continue their work. The group plans to publish a follow-up publication in 2018. www.OhioAttorneyGeneral.gov/Files/Publications-Files/Publications-for-Schools/Ohio-Joint-Study-Committee-on-Drug-Use-Prevention.

Prevention Action Alliance

The Prevention Action Alliance, a nonprofit organization that offers resources, trainings, and initiatives to promote healthy lifestyles, offers education on the prevention of substance abuse from the community level. For more information, visit www.preventionactionalliance.org

Working Partners – Drug-Free Workplace Program

Working Partners is a consulting and training firm with more than 27 years' experience helping organizations and systems increase the health and well-being of the workforce. The firm also mitigates businesses' risks by developing and implementing comprehensive drug-free workplace programs. Its services include program development and training for management and employees. For more information, call 614.337.8200 or visit www.workingpartners.com.

Infectious Disease Prevention

Healthy Ohio

Healthy Ohio, at the Ohio Department of Health, provides information about the promotion of good health and the prevention of disease. It also maintains access to timely, patient-centered, and efficient physical and behavioral health choices. Call 614-466-2144, or visit www.healthy.ohio.gov.

Prescription Drug Monitoring

Ohio Automated Rx Reporting System

The Ohio Automated Rx Reporting System (OARRS) collects information on outpatient prescriptions for controlled substances dispensed in Ohio pharmacies. For more information on OARRS, visit www.ohiopmp.gov/Portal/Default.aspx. For more information on the Ohio State Board of Pharmacy, visit <https://pharmacy.ohio.gov>.

Ohio Board of Pharmacy Enforcement

The Ohio Board of Pharmacy Compliance & Enforcement Division works to ensure prescribers are operating in accordance to state regulations. Concerns about potential “pill mills” should be shared with the board. Warning signs of “pill mill” agencies include cash-only operations, Suboxone or other medication-assisted treatment (MAT) services without counseling services, the same MAT dosage to all patients, and high levels of MAT dosages to patients. To file a complaint, visit <https://pharmacy.ohio.gov/Forms/Complaint.aspx>.

Human Trafficking

Ohio Attorney General's Human Trafficking Commission

The commission is a resource for those looking for more information on human trafficking in Ohio. The group meets on a quarterly basis in Columbus to discuss recent trends, identified cases, and statewide outreach efforts. The meetings are open to the public. For more information, email HeroinUnit@OhioAttorneyGeneral.gov or visit www.OhioAttorneyGeneral.gov/HumanTrafficking.

Anti-Trafficking Coalitions

Ohio has a network of about 20 local, grass-roots coalitions against human trafficking. The coalitions, which are typically open to the public to join, work to spread awareness about human trafficking in the counties they cover. Many provide services to victims. To see a map of the coalitions, or for more information, visit <http://humantrafficking.ohio.gov/>.

Treatment and Recovery Support

Accessing Treatment

Medication-Assisted Treatment

The Substance Abuse and Mental Health Services Administration (SAMHSA) provides information about medication-assisted treatment (MAT), including opioid treatment programs that combine behavioral therapy and medications to treat substance-use disorders. Visit www.samhsa.gov/medication-assisted-treatment.

OMHAS Toll-Free Bridge

The Ohio Mental Health and Addiction Services Consumer and Family Toll-Free Bridge (TFB) line provides referral and resource information for callers regarding addiction and mental-health services statewide. TFB staff members help callers find the resources they need, learn about the referral process to access resources, and understand consumer rights and responsibilities. The goal of the free telephone service is to promote advocacy, independence, and recovery for Ohioans with behavioral health issues. Call 877-275-6364, 888-636-4889 (TTY), or 614-466-7228 (local), or visit <http://mha.ohio.gov/Default.aspx?tabid=270>.

Relink.org

Relink.org connects those seeking addiction recovery resources on an easily sortable online platform of local recovery service providers. The website offers a user-friendly, up-to-date, searchable site connecting those in need to the appropriate services. For more information, visit www.relink.org.

SAMHSA Treatment Locator

The Substance Abuse and Mental Health Services Administration (SAMHSA) is a federal program that offers a behavioral health treatment services locator, an online source of information for anyone seeking treatment for substance abuse, addiction, or mental-health issues. For more information, visit <https://findtreatment.samhsa.gov>.

Programs for Women

The Ohio Women's Treatment Network Inc.

The Ohio Women's Treatment Network Inc. (OWTN) strives to identify and refer women who are substance abusers to the appropriate treatment and to increase awareness of women's substance-abuse issues and treatment technologies. For more information, contact Jackie Doodley at Jacqueline.Doodley@mha.ohio.gov or 614-752-6456.

For Mom

The program, developed with Adena Health Systems and CareSource, assists moms-to-be battling addiction during pregnancy to reduce the possibility of babies being born dependent on opioids. The program provides treatment for moms-to-be, counseling, and support. The program is supported by the state Medicaid program and a grant from the March of Dimes. For more information, visit <http://adena.org/media/newsdetail.dT/healthy-babies>.

Recovery and Support Services

Peer Supporter Certification

An Ohio Peer Recovery Supporter is someone who has lived with a mental-health disorder, addiction, or both, who is in recovery, and who is willing to assist others in need of help. Ohio Mental Health & Addiction Services formally began certifying peer recovery supporters in July 2016. To find out how peer supporters can assist in your community, or for more information about becoming a peer supporter, visit <http://mha.ohio.gov/Default.aspx?tabid=713>.

Support Groups

Prevention Action Alliance – The G.A.P. Network

The G.A.P. (Grief, Action, and Advocacy) Network is a collection of advocacy groups motivated by the losses felt by families. The G.A.P. Network seeks to end the crisis of substance abuse, specifically prescription drug and opiate addiction, in all Ohio communities. For more information, visit <https://www.preventionactionalliance.org/connect/the-gap-network/>.

The Addict's Parents United

The Addict's Parents United (TAP United) is a statewide support system and advocacy group, made up of members who have one or more loved ones suffering from addiction. The group also includes individuals who have lost one or more loved ones from addiction. The group provides support for families, with an emphasis on self-care, and navigation through the devastation that can be caused by addiction. For more information, visit www.tapunited.org.

Nar-Anon Family Groups

Nar-Anon Family Groups assist the loved ones of those suffering from addiction. For more information, visit www.nar-anon.org/starting-a-group.

Heroin Anonymous

Heroin Anonymous helps those addicted to heroin to get and stay sober. For more information, visit www.heroinanonymous.org.

Young People in Recovery

Young People in Recovery chapters support youths in, or seeking, recovery by helping them obtain stable employment, secure housing, and education. For more information, visit

<http://youngpeopleinrecovery.org>.

Alcoholics Anonymous

Alcoholics Anonymous (AA) provides sober support to people struggling with substance and/or alcohol abuse. Narcotics Anonymous (NA) provides sober support to people struggling with drug abuse. To find a meeting, or to get information about starting a support group in your community, visit www.aa.org or www.na.org.

Clients Rights and Recovery Support

Clients Rights

Ohio Mental Health and Addiction Services (OHMHAS) works in partnership with local Alcohol, Drug Addiction and Mental Health Services (ADAMHS) boards and behavioral health care providers to promote recovery and to respect the rights of people and the safety of the community.

To assure that the rights of clients are respected, client advocates have been identified at each local board. The mission of the client advocate is:

- To clearly inform clients of their basic and legal rights.
- To promote recovery.
- To promote client choice and participation in decisions affecting their lives.
- To ensure the availability of quality advocacy to all persons receiving services in the public system.

For more information, visit <http://mha.ohio.gov/Default.aspx?tabid=270>.

Veteran's Service Commission

Many veterans have problems with alcohol, tobacco, or drugs – including street drugs or the misuse of prescription medications. Effective treatments for substance-use problems are available through the Department of Veterans Affairs. For more information, visit www.mentalhealth.va.gov/res-vatreatmentprograms.asp.

The Ohio Benefit Bank

The Ohio Benefit Bank has counselors available to assist with eligibility requirements for prescription assistance, food assistance, medical coverage, and other community support. Call 800-648-1176 or visit <http://ohiobenefits.org>.

Victim Services

Operation Grace

After attending two of the Ohio Attorney General's "Ideas" conferences, Dan Palmer, district director of the Lawrence-Scioto Solid Waste Management District, decided he could make a positive difference for children affected by the opioid crisis in Scioto County. He founded Operation Grace, which provides personal care items to needy children. Through the juvenile court system, led by Judge Alan Lemons and his staff, and local teachers, Palmer receives lists of children in need of assistance. For more information, contact Palmer at 740-532-1231 or dpalmer@sciotocounty.net. To view the video, visit www.OhioAttorneyGeneral.gov/Individuals-and-Families/Victims/Drug-Diversion/Conference-Resources.

Crime Victim Services

Victims of crime face many setbacks as a result of their tragic and unexpected circumstances. The Ohio Attorney General's Crime Victim Services Section provides not only funding and services to aid victims and their families, but also training for service providers and grants for victim service providers for Ohio communities. For more information, visit www.OhioAttorneyGeneral.gov/Individuals-and-Families/Victims.

RAINN

The Rape, Abuse & Incest National Network (RAINN) is an organization for adult survivors of child sex abuse. The group offers resources and information for people who need counseling and support and a crisis line through the National Sexual Assault Hotline at 800-656-HOPE (4673). For more information, visit <http://rainn.org>.

The National Child Traumatic Stress Network

The National Child Traumatic Stress Network was established by Congress in 2000 and is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA). The National Child Traumatic Stress Network strives to raise the standard of care and increase access to services for traumatized children and their families. The network can be used for developing and disseminating evidence-based interventions, providing trauma-informed services, and educating the public. The website provides information for teachers, parents, and caregivers including how to introduce the topic to a child for prevention and intervention strategies. For more information, visit www.nctsn.org.

Other resources:

- The Domestic Violence and Sexual Assault Coalition, which can offer ways to help a friend or family member who has been sexually assaulted, www.dvsac.org/resources/
- The National Childhood Traumatic Stress Network survival guide for victims of acquaintance rape, <http://nctsn.org/sites/default/files/assets/pdfs/acquaintancerapeguideforvictims.pdf>
- National Children's Alliance, which provides a state-by-state listing of Children's Advocacy Centers, community-based facilities dedicating to providing support and care to victims of child abuse, www.nca-online.org

Job Placement and Re-entry Programs

Recovery to Work

Recovery to Work is an employment program that combines vocational rehabilitation services with alcohol, drug addiction, and mental-health services for four priority populations in Ohio. The priority populations served are:

- Individuals addicted to opiates.
- Individuals with a mental illness and/or addiction involved with the criminal justice system.
- Veterans with a mental illness and/or addiction.
- Individuals with severe and persistent mental illness.

For more information, call Brian Penrod at 419-617-2456.

ExOffenders.net

Exoffenders.net is a private website that provides resources to people who have criminal records so they can find employment. For more information, visit <https://exoffenders.net/contact-us>.

FelonOpportunities.com

The website offers information about jobs, housing, and programs for Ohioans with felony convictions. For more information, visit <http://felonopportunities.com/jobs-for-felons-in-ohio>.

Ohio Civil Impact of Criminal Conviction

The Ohio Civil Impact of Criminal Conviction's website allows visitors to look up criminal offenses and find out what legal barriers are likely to apply to those convictions in addition to court-imposed sentences. For more information, visit <https://civicc.opd.ohio.gov/>.

Transportation

Ohio Department of Transportation

The website of the Ohio Department of Transportation's Office of Transit offers an interactive map of Ohio that allows users to quickly find local transit options. For more information, visit <http://dot.state.oh.us/Divisions/Planning/Transit/Pages/default.aspx>.

Ohio Public Transit Association

The Ohio Public Transit Association offers assistance to tackle public transportation challenges in Ohio communities. For more information, visit www.ohioneedstransit.org/.

Rural Health

The Rural Health Information Hub provides access to health care resources for rural communities. For more information visit, www.ruralhealthinfo.org.

Housing

OMHAS Recovery Housing

The Ohio Department of Mental Health and Addiction Services (ODMHAS) has information on recovery housing. For more information, visit <http://mha.ohio.gov/Supports/Housing/Recovery-Housing>.

Recovery Housing Environmental Scan

In 2013, the Ohio Council of Behavioral Health and Family Service Providers developed a report regarding the state of recovery housing in Ohio. For more information, visit <https://obc.memberclicks.net/assets/OHRecoveryHousing/ohiorecoveryhousingjune2013%20final.pdf>.

Criminal Justice

School Resource Officers

School Resource Officers (SRO) may be eligible to receive funding under the Drug Use Prevention Grant. To start, SROs may either select from an approved curriculum listed below, or submit a different curriculum that will be reviewed by a committee. In addition to conducting the drug-use prevention program, SROs are expected to counsel groups and meet one-on-one with students regarding drug-use prevention issues. To find a complete list of programs approved by the Ohio Attorney General's Office visit www.ohioattorneygeneral.gov/Law-Enforcement/Local-Law-Enforcement/Drugs/Drug-Use-Prevention-Program-Grant.

Drug Abuse Resistance Education (D.A.R.E.)

Drug Abuse Resistance Education (D.A.R.E.) programs are eligible to receive funding under the Drug Use Prevention Grant <http://www.ohioattorneygeneral.gov/Law-Enforcement/Local-Law-Enforcement/Drugs/Drug-Use-Prevention-Program-Grant>. D.A.R.E. provides students from kindergarten through high school with the skills necessary to recognize and resist pressures to experiment with drugs and to avoid gangs and violence. The lessons emphasize self-esteem, decision-making, interpersonal communications, the consequences of drug abuse, conflict resolution, and positive alternatives to substance abuse. For more information, visit www.dare-oh.org.

Submitting Tips and Reporting Suspicious Activity

Ohio Safer Schools Tip Line

The anonymous phone line directs information to the Office of Homeland Security, which immediately provides the information to the appropriate school administrator. The tip line can also immediately notify local first responders, when appropriate. Administrators can order free posters and other materials to promote the tip line in schools.

Students can submit information on:

- Bullying
- Potential suicide risks
- Violence
- Drugs
- Other school safety issues

Calls or texts to 844-SaferOH (844-723-3764) are answered by analysts in the Ohio Homeland Security's Threat Assessment and Prevention (TAP) Unit. When action is needed, the TAP Unit immediately forwards information to local school officials, local law enforcement agencies, and others, if necessary. For more information on establishing a tip line in your school visit https://saferschools.ohio.gov/content/tip_line_information.

Tip Submit Mobile

TipSubmit Mobile is a free app for Android and Apple devices that allows tipsters to submit secure and anonymous tips to local law enforcement agencies, school administrators, or Crime Stoppers. It can be used for school-based information, such as suicide-prevention, bullying, and safety issues. It is also a valuable for law enforcement as the community can use it to report any criminal activities. For more information, visit www.tipsoft.com/index.aspx?P=TipSubmitMobile.

Ohio Attorney General's Bureau of Criminal Investigation (BCI)

The BCI Tip Line, 855-BCI-OHIO (855-224-6446)

Ohio Automated Rx Reporting System

The Ohio Automated Rx Reporting System (OARRS) collects information on outpatient prescriptions for controlled substances dispensed in Ohio pharmacies. For more information, visit the Ohio State Board of Pharmacy at <https://pharmacy.ohio.gov>, or OARRS at www.ohiopmp.gov/Portal/Default.aspx.

Prescription Drug Disposal

Prescription Drug Drop Box Locations

The Ohio Attorney General's Office works with the Ohio Department of Health and Drug Free Action Alliance to provide free collection bins to local law enforcement agencies in Ohio. The drop boxes, which are mailbox-style disposal bins, are placed inside law enforcement agencies to be used by residents during business hours. For more information, visit www.ohioattorneygeneral.gov/Individuals-and-Families/Victims/Drug-Diversion/Prescription-Drug-Drop-Boxes.

Ohio Environmental Protection Agency

To find other ways to get rid of leftover prescription medication, visit the Ohio Environmental Protection Agency website, www.epa.ohio.gov/dmwm/Home/Rx.aspx.

Prescription Drug Disposal

The Ohio Board of Pharmacy offers information on pharmaceutical drug collection. Visit <http://pharmacy.ohio.gov/Documents/Pubs/Special/DrugTakeBack/Drug%20Enforcement%20Administration%20Releases%20New%20Rules%20on%20Pharmaceutical%20Drug%20Collection.pdf>.

Law Enforcement Training and Support

The Ohio Peace Officer Training Academy offers advanced training courses that focus on narcotics investigations. Officers can register for these courses through OPOTA's online course catalog. Visit Ohio Attorney General Mike DeWine's website at www.OhioAttorneyGeneral.gov/Law-Enforcement/Ohio-Peace-Officer-Training-Academy/Course-Catalog.

Naloxone for First Responders

Naloxone Administration Training

Ohio Attorney General Mike DeWine provides online training for peace officers about naloxone administration. The training is available through the Ohio Law Enforcement Gateway (OHLEG). A public version of the training is available, visit

www.OhioAttorneyGeneral.gov/Media/Videos/Naloxone-Educational-Video.

Naloxone Rebate

Ohio Attorney General Mike DeWine secured a \$6 per vial rebate with Amphastar Pharmaceuticals, the manufacturer of naloxone. For information on how to receive the rebate, visit

www.OhioAttorneyGeneral.gov/NaloxoneRebate.

Naloxone Funding for First Responders

The Ohio Department of Mental Health and Addiction Services committed \$500,000 for county health departments to purchase naloxone for first responders. For more information, visit

<http://mha.ohio.gov/Portals/0/assets/Initiatives/GCOAT/2015-naloxone-grant-program.pdf>.

Project DAWN

Project DAWN (Deaths Avoided With Naloxone) is a community-based overdose-education and naloxone-distribution program. For more information, visit

www.odh.ohio.gov/health/vipp/drug/ProjectDAWN.aspx.

Diversion Initiatives

In 2017, the Ohio Attorney General's Office awarded \$3 million in new grant funding from the state budget to 39 law enforcement agencies. The money is being used to replicate or expand Drug Abuse Response Teams (DARTs) and Quick Response Teams (QRTs) to address the opioid epidemic in Ohio. DART and QRT teams typically are made up of law enforcement officers working with drug-treatment providers and others who assist overdose survivors in the recovery process. Team members visit survivors after an overdose and offer counselling and referrals to drug rehabilitation facilities for assessment, detoxification, ongoing treatment and after-care. These teams work to reduce overdose-related deaths, decrease repeated overdoses per victim, and increase the support network for survivors and their families. In addition to the grant money provided by the Attorney General's Office, many enforcement agencies receive federal, state and local funding. If you have any questions about these teams or need assistance, email HeroinUnit@OhioAttorneyGeneral.gov.

Lucas County – DART

In Lucas County, the Ohio Attorney General's Office worked with the sheriff's office, prosecutor's office, and the Mental Health and Recovery Services Board to establish the Drug Abuse Response Team (DART). Working beyond their role as first responders, the DART officers and victim advocates intervene in situations involving opiate overdoses and/or abuse with victims and their families. Upon contact, the team assists an overdose survivor with addiction resources. For more information, call the Lucas County Sheriff's Office at 419-213-4960.

Drug Courts and Specialty Dockets

For information about specialized dockets, including the development of a drug court, contact the Ohio Supreme Court Specialized Docket Section at 614-387-9425.

Legislation

Legislative Advocacy

For information on pending Ohio legislation involving drug abuse, email HeroinUnit@OhioAttorneyGeneral.gov.

For a list of Ohio legislators, visit www.legislature.ohio.gov/legislators/legislator-directory.

Synthetic Narcotics

For information on synthetic drugs, visit the Ohio Attorney General's website, www.OhioAttorneyGeneral.gov/FAQ/Synthetic-Drug-FAQs.

The Ohio Revised Code lists all of the controlled substances in Ohio, mostly by chemical names. Currently, all known cathinones (“bath salts”) are illegal. Also, any drug that is emergency scheduled by the Drug Enforcement Administration or U.S. Attorney General is also automatically scheduled in Ohio.

Ohio Attorney Mike DeWine collaborated with the Ohio Board of Pharmacy to support the enactment of an administrative rule to schedule certain synthetic cannabinoid compounds as controlled substances. Therefore, any changes made to the core of the drug in an attempt to evade the law are futile. This rule is specific only for cannabinoids but is currently being reviewed to include fentanyl.

Funding

Drug Use Prevention Funding

Several kinds of programs are eligible for funding for a complete list of approved programs visit the Drug Use Prevention Grant webpage. Programs not on the approved list may be considered if additional information demonstrating their effectiveness is submitted.

The programs must be presented by a D.A.R.E. officer or school resource officer for public school students. Summer programs off school grounds, but in conjunction with a public school, may be considered. Grants cover up to 50 percent of an officer's salary conducting drug-use prevention in public schools, in addition to some other expenses.

Complete guidelines and the application process can be accessed on the Ohio Attorney General's website at www.OhioAttorneyGeneral.gov/DrugUsePreventionGrant.

Medicaid and Health Care Coverage

To check eligibility for Medicaid coverage and begin enrollment, visit: <http://benefits.ohio.gov>.

To see the services covered by Medicaid, visit <http://medicaid.ohio.gov/FOROHIOANS/CoveredServices.aspx>.

Grants

Drug Free Communities Grant

The Office of National Drug Control Policy's Drug Free Communities Program provides grants to local drug-free community coalitions to increase collaboration among community partners and to prevent and reduce substance use by youths. For more information, visit <https://ncfy.acf.hhs.gov/news/2016/02/qa-how-homeless-youth-programs-can-benefit-drug-free-communities-funding>.

Ohio Department of Mental Health & Addiction Services Grants

The Ohio Department of Mental Health & Addiction Services offers grants for a wide range of topics, including recovery-support services, prevention, and early intervention services. For more information, visit <http://mha.ohio.gov/Default.aspx?tabid=725> and <http://mha.ohio.gov/Default.aspx?tabid=144>.

Federal Grant Alerts

To subscribe to federal grant announcements, visit www.grants.gov/manage-subscriptions.html. A participant can opt to receive email alerts of all grant notices, or notices based on criteria such as topic, subagency, or funding opportunity number.

To connect with the U.S. Department of Justice locally, email Jennifer Thornton at the U.S. Attorney's Office at Jennifer.Thornton@USDOJ.gov.

Ohio Attorney General Mike DeWine established the Heroin Unit in 2013 to pursue traffickers and to work with communities affected by the opiate epidemic. The unit's community outreach team helps counties identify areas where they may need additional assistance in fighting the addiction epidemic and suggests resources to fulfill those needs.

This document contains a detailed list of state and local resources and is divided into the topic areas of Awareness, Education, and Prevention; Treatment and Recovery Support; Criminal Justice; Legislation; and Funding.

To be included in the resource list, contact the Heroin Unit by email at HeroinUnit@OhioAttorneyGeneral.gov.

For more information about the Heroin Unit and other resources, visit www.OhioAttorneyGeneral.gov/DrugAbuse.

Any reference obtained from this resource document to a specific product, process, or service does not constitute or imply an endorsement by the Ohio Attorney General's Office. The views and opinions expressed in any referenced document do not necessarily state or reflect those of the Ohio Attorney General's Office.



Ohio Attorney General Mike DeWine's
**Heroin Unit Community
Solutions Guide**



MIKE DEWINE
OHIO ATTORNEY GENERAL

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