



SUBJECT CONTROL PROFICIENCY TESTING RECORD
Curriculum Code PSA-040a

STUDENT NAME: _____

SCHOOL NAME: _____ SCHOOL NUMBER: _____

		Enter P or F Only				Enter P or F Only	
SPO	ACTION	TEST #1	TEST #2	SPO	ACTION	TEST #1	TEST #2
#1	SUBJECT APPROACH AND CONTROL			#5	GROUND DEFENSE		
	Body alignment				Defend against takedowns		
	Positioning				Ground defense position		
	Situational awareness				Basic movements (i.e., stand-up, bridge to knees, hip escape)		
	Escort/control holds				Mount		
	Pain compliance				Back mount		
	Weapon transitions				Side control		
	Guard						
#2	STRIKES			#6	ESCAPES FROM BODY LOCKS & HOLD RELEASES		
	Strike defense				Choke/strangle escapes		
	Upper body strikes				Body lock/clinch escapes		
	Lower body strikes				Head lock escapes		
Combinations							
#3	TAKEDOWNS			#7	WEAPON ENCOUNTER DEFENSES		
	From limb control				Shot avoidance		
	From a body lock/clinch position				Edged weapon defense		
	Two officer takedowns				Impact weapon defense		
Stabilization/control for handcuffing							
#4	HANDCUFFING			#8	ENVIRONMENTAL WEAPONS		
	Searches				Ground defense		
	Standing				Weapon retention		
	Kneeling			Strangle defense			
	Prone			#9	PRACTICAL APPLICATION SCENARIO		
	De-cuffing				Write a narrative based on that scenario		

INSTRUCTOR SIGNATURE

OPOTC #: _____

COMMANDER/ADMINISTRATOR SIGNATURE: _____ DATE: _____

NO STAMPS / ORIGINAL SIGNATURES ONLY