



SUBJECT CONTROL PROFICIENCY TESTING RECORD

Curriculum Code CBT-037

STUDENT NAME: _____

SCHOOL NAME: _____ SCHOOL NUMBER: _____

		Enter P or F Only	
SPO	ACTION	TEST #1	TEST #2
#1	SUBJECT APPROACH AND CONTROL		
	Body alignment		
	Positioning		
	Situational awareness		
	Escort/control holds		
	Pain compliance		
	Weapon transitions		
	#2		
Strike defense			
Upper body strikes			
Lower body strikes			
Combinations			
#3	TAKEDOWNS		
	From limb control		
	From a body lock/clinch position		
	Two officer takedowns		
	Stabilization/control for handcuffing		
#4	HANDCUFFING		
	Searches		
	Standing		
	Kneeling		
	Prone		
	De-cuffing		
		Enter P or F Only	
SPO	ACTION	TEST #1	TEST #2
#5	GROUND DEFENSE		
	Defend against takedowns		
	Ground defense position		
	Basic movements (i.e., stand-up, bridge to knees, hip escape)		
	Mount		
	Back mount		
	Side control		
	Guard		
#6	ESCAPES FROM BODY LOCKS & HOLD RELEASES		
	Choke/strangle escapes		
	Body lock/clinch escapes		
	Head lock escapes		
#7	WEAPON ENCOUNTER DEFENSES		
	Shot avoidance		
	Edged weapon defense		
	Impact weapon defense		
#8	ENVIRONMENTAL WEAPONS		
	Ground defense		
	Weapon retention		
#9	PRACTICAL APPLICATION SCENARIO		
	Write a narrative based on that scenario		

INSTRUCTOR SIGNATURE

OPOTC #: _____

INSTRUCTOR SIGNATURE

OPOTC #: _____

INSTRUCTOR SIGNATURE

OPOTC #: _____

INSTRUCTOR SIGNATURE

OPOTC #: _____

COMMANDER/ADMINISTRATOR SIGNATURE: _____ DATE: _____

NO STAMPS / ORIGINAL SIGNATURES ONLY