DAVE YOST
OHIO ATTORNEY GENERAL

BASIC TRAINING PHYSICAL FITNESS ASSESSMENT FORM

OHIO ATTORNEY GENERAL
PEACE OFFICER TRAINING COMMISSION

School Name: _____ **School #:** _____

Student's Name: _____ _____ _____
(Last) *(First)* *(Middle)*

Sex: ☐ M ☐ F **DOB:** _____ **Age:** _____ **Pre-Entry PFA Date:** _____ **Final PFA Date:** _____ **Final PFA Retest Date:** _____

	MALES			FEMALES			Pre-Entrance Assessment	Final Assessment	Second Attempt	Passing Standard
(<29)	Entry	Basic	End	Entry	Basic	End				
Sit-ups (1 min.)	32	38	40	23	32	35				
Push-ups (1 min.)	19	30	33	9	16	18				
1.5 Mile Run	14:34	12:37	11:58	17:49	15:02	14:07				
(30-39)	Entry	Basic	End	Entry	Basic	End	# Sit-ups Completed	# Sit-ups Completed	# Sit-ups Completed	END STANDARD
Sit-ups (1 min.)	28	34	36	18	25	27				
Push-ups (1 min.)	15	24	27	7	13	14				
1.5 Mile Run	15:13	13:07	12:25	18:37	15:34	14:34				
(40-49)	Entry	Basic	End	Entry	Basic	End	# Push-ups Completed	# Push-ups Completed	# Push-ups Completed	END STANDARD
Sit-ups (1 min.)	22	29	31	13	20	22				
Push-ups (1 min.)	10	19	21	5	10	11				
1.5 Mile Run	15:58	13:52	13:11	19:32	16:26	15:24				
(50-59)	Entry	Basic	End	Entry	Basic	End	1.5 Mile Time	1.5 Mile Time	1.5 Mile Time	END STANDARD
Sit-ups (1 min.)	17	24	26	7	15	17				
Push-ups (1 min.)	7	13	15	4 (modified)	11 (modified)	13 (modified)				
1.5 Mile Run	17:38	15:06	14:16	21:31	18:17	17:13				
(60+)	Entry	Basic	End	Entry	Basic	End	OVERALL (P/F)	OVERALL (P/F)	OVERALL (P/F)	
Sit-ups (1 min.)	13	19	20	2	7	8				
Push-ups (1 min.)	5	13	15	1 (modified)	7 (modified)	8 (modified)				
1.5 Mile Run	20:12	17:00	15:56	23:32	20:02	18:52				

Students must pass at least two events at "End" and one event at "Basic" to be eligible for peace officer certification. For second attempts, students only need to test in events previously not passed. Students have the option of retesting a "Basic" score.

☐ **Check here if only passed the BASIC STANDARD**

Fitness Instructor Signature **Date** **Commander Signature** **Date**

Fitness Instructor Signature **Date** **Commander Signature** **Date**

Fitness Instructor Signature **Date** **Commander Signature** **Date**