



NHTSA STANDARDIZED FIELD SOBRIETY TESTING (SFST) PROFICIENCY TESTING RECORD

Curriculum Code BAS-042a

STUDENT NAME: _____ SCHOOL NAME: _____ SCHOOL NUMBER: _____

		Enter P or F Only	
SPO	ACTION	TEST #1	TEST #2
	COMPLETE THE NHTSA STANDARDIZED FIELD SOBRIETY TESTING (SFST) TRAINING		
	Earn at least an 80% on the NHTSA Post test		
	Administer the complete test battery, in an instructor's presence, without deleting or erroneously performing any of the critical administrative elements of the tests		
	DEMONSTRATE ADMINISTRATION OF THE HORIZONTAL GAZE NYSTAGMUS SFST ON A TESTING SUBJECT		
	Have subject remove glasses, if worn		
	Stimulus held in proper position (approximately 12"-15" from nose, just above eye level)		
	Check for equal pupil size and look for resting nystagmus		
	Check for equal tracking		
	Smooth movement from center of nose to maximum deviation in approximately 2 seconds and then back across subject's face to maximum deviation in right eye, then back to center. Check left eye, then right eye. Repeat		
	Eye held at maximum deviation for a minimum of 4 seconds (no white showing). Check left eye, then right eye. Repeat		
	Eye moved slowly (approximately 4 seconds) from center to a 45° angle. Check left eye, then right eye. Repeat		
	Check for Vertical Gaze Nystagmus. Repeat		
	DEMONSTRATE ADMINISTRATION OF THE WALK AND TURN SFST ON A TESTING SUBJECT		
	Instructions given from a safe position		
	Tells subject to place feet on a line in heel-to-toe manner (left foot behind right foot) with arms at sides and gives demonstration		
	Tells subject not to begin test until instructed to do so and asks if subject understands		
#1	Tells subject to take 9 heel-to-toe steps on the line and demonstrates		
	Explains and demonstrates turning procedure		
	Tells subject to return on the line taking 9 heel-to-toe steps		
	Tells subject to count steps out loud		
	Tells subject to look at feet while walking		
	Tells subject not to raise arms from sides		
	Tells subject not to stop once they begin		
	Asks subject if all instructions are understood		
	DEMONSTRATE ADMINISTRATION OF THE ONE-LEG STAND SFST ON A TESTING SUBJECT		
	Instructions given from a safe position		
	Tells subject to stand straight, place feet together, and hold arms at sides		
	Tells subject not to begin test until instructed to do so and asked if subject understands		
	Tells subject to raise one leg, either leg, approximately 6 inches from the ground, keeping raised foot parallel to the ground, and gives demonstration		
	Tells subject to keep both legs straight, arms at sides, and to look at elevated foot		
	Tells subject to count in the following manner: one thousand one, one thousand two, one thousand three, and so on until told to stop, and gives demonstration		
	Asks subject if all instructions are understood		
	Checks actual time subject holds leg up (Time for 30 seconds.)		

INSTRUCTOR SIGNATURE OPOTC #: _____ INSTRUCTOR SIGNATURE OPOTC #: _____

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COMMANDER/ADMINISTRATOR SIGNATURE: _____ DATE: _____

NO STAMPS / ORIGINAL SIGNATURES ONLY