



Ohio Attorney General's **Ohio Peace Officer Training Academy**

Advanced Training for Ohio Peace Officers

July 2015

Mental Armor for Law Enforcement

Physical wellness is often a part of an officer's lifestyle to increase his or her safety on the streets, but "mental wellness" can sometimes be forgotten or ignored, despite years of stressful experiences or specific critical incidents. Some research points to job-created depression. In some cases depression coupled with Post-Traumatic Stress Disorder (PTSD) symptoms have contributed to an alarming rate of suicide among officers.

In recent decades, soldiers returning from battle who have seen or have been involved in horrific incidents have been diagnosed with PTSD. That condition is sometimes triggered by simple and common events, creating subconscious reminders of those previous incidents. Officers must recognize that they can be involved in or witness traumatic incidents as well, and can also develop the traits of PTSD, which can directly affect their lives on and off the job.

Because caring for emotional wellbeing is critically important for law enforcement officers, the Ohio Peace Officer Training Academy will soon begin developing a new, advanced training course, Mental Armor for Law Enforcement, in an effort to educate officers on the unique stressors inherent in the law enforcement community. This new course, which will be offered beginning in early 2016, will provide resources and techniques to cope with and effectively manage stress. The course will also address how police work affects loved ones.

Caring for officers' mental wellness should be a team effort. Members of a department must keep watch on one another as their brothers' keepers and constantly look for signs of abnormal or out-of-the-ordinary behavior in fellow officers. These signs could include increased aggression, reckless behavior, alcohol abuse, or isolation.

Groups, such as chaplaincy centers, can also be an impartial sounding board for officers as a form of debriefing and can assist officers in coping with their daily mental wellness. For example, the Akron Police Department started a chaplaincy center for the welfare of all officers in the Akron and Summit County area more than a decade ago. Feel free to contact the Rev. Bob Denton, a reserve officer with the Akron Police Department and its chaplain, for any assistance in starting a chaplaincy center for your area. Reverend Denton can be reached at 330-329-4588.

Anyone interested in additional information about the upcoming Mental Armor for Law Enforcement course should contact instructor Ron Davitt at 740-845-2700.

OPOTA also offers several eOPOTA courses related to officer wellness, which can be found at [OHLEG](http://OHLEG.gov).

Featured Courses: Officer Safety and Physical Fitness

Self Aid, Buddy Aid for the Law Enforcement Officer

In a life-or-death medical situation, every second counts. OPOTA's Self Aid, Buddy Aid for the Law Enforcement Officer course goes beyond basic first aid to teach the essential skills needed to save your life, or the lives of others, while waiting for EMTs to arrive on scene. The course will also address how to apply medical treatment while remaining capable of protecting yourself and others in a direct-threat environment.

The course will teach officers to:

- Prioritize action
- Balance potential risks and benefits of casualty treatment when an active threat is present
- Stop bleeding with commercially available tourniquets and dressing
- Maintain breathing with a nasopharyngeal airway
- Use appropriate drags and carries to move a casualty out of direct threat

This course is taught by OPOTA instructor Doug Daniels at Wright State University's Calamityville facility in Fairborn. The next course is scheduled for Oct. 5, 2015. For more information and to sign up, [click here](#).

Physical Fitness Specialist

If your agency is thinking about starting a physical fitness program, OPOTA's Physical Fitness Specialist course is for you. This course trains personnel to establish a fitness program for their agency and is designed to improve the overall health of the officers.

During this week-long course, students will learn the skills necessary to build, monitor, and evaluate a fitness program for their department. Topics will include nutrition, injury prevention, functional anatomy, exercise physiology, and the Cooper Standards.

Featured instructors Dr. Brian Springer and Travis Snyder join OPOTA instructor Jerry Zacharias to teach this course, which also fulfills one of the requirements for approval as a fitness instructor for Peace Officer Basic Training.

Sign up for the July course at [OPOTA London here](#).

Coming Soon: Critical Injury First Aid (CIFA) Instructor

Beginning Jan. 1, 2016, Peace Officer Basic Training will include critical injury first aid. This instructor course will meet one of the requirements to teach this topic in Peace Officer Basic Training.

Participants will learn how to teach basic training students the essential skills to save his or her life or the life of another before advanced medical care arrives. The students will learn how to instruct others on strategies to stop severe bleeding, to maintain an open airway utilizing a nasopharyngeal airway, and to use appropriate drags and carries to move a casualty out of a direct threat area.

This course will be offered for the first time in July and again in November. The course, which will be taught by featured instructors Dr. Jason Pickett and Dr. Brian Springer, is \$50. [Sign up here.](#)

More from the OPOTA Course Catalogue

The Attorney General's Office presents the following regional training opportunities for law enforcement. Register online at www.OHLEG.org or fill out the registration form at www.OhioAttorneyGeneral.gov/OPOTARegistration. Most offerings are available at no cost to local departments. Hundreds of courses also are available at the London and Richfield OPOTA campuses and online at eOPOTA.

Legal Update

Course Description: This half-day legal update training will cover recent case and statutory law in the areas of search & seizure, Miranda warnings, and laws of arrest. Hypothetical fact patterns will be utilized to facilitate instruction.

July 9, 2015 | 8 a.m.-12 p.m.
OPOTA Course 03-665-15-01
Centerville Police Department
155 W. Spring Valley Road
Centerville, OH
Cost: Free

July 21, 2015 | 8 a.m.-12 p.m.
OPOTA Course 53-665-15-01
Owens Community College-Center for Emergency Preparedness
30150 Tracy Road
Walbridge, OH
Cost: Free

Sept. 8, 2015 | 8 a.m.-12 p.m.
OPOTA Course 53-665-15-02
Quality Inn Sandusky
1935 Cleveland Road
Sandusky, OH
Cost: Free

Nov. 13, 2015 | 8 a.m.-12 p.m.
OPOTA Course 03-665-15-02
Sidney Police Department
234 W. Court St.
Sidney, OH
Cost: Free

Internet Evidence Finder (IEF) Training

H-11 Digital Forensics would like to invite you and members of your team to attend *IEF Essentials 3-Day* course, designed to provide the participant with a thorough understanding of Internet Evidence Finder (IEF) software and all of its core functions and features. Students of this training opportunity will learn how to better discover and exploit digital artifacts. By utilizing IEF and other digital forensic tools, investigators are more efficient at finding evidence, analyzing data, and presenting their findings.

July 13-15, 2015 | 9 a.m.-5 p.m.

OPOTA Richfield

4055 Highlander Pkwy.

Richfield, OH

Cost: \$1,995

Traffic Collision Investigation (Level I)

This course is for officers who investigate traffic collisions. This course will include instruction on human factors, evidence from the vehicles and the roadway, field sketches, measuring, diagramming and photography. Students will learn mathematical formulas to determine speed, time, and distance. Students should be familiar with Ohio crash reporting forms and procedures before attending this course.

July 13-24, 2015 | 8 a.m.-5 p.m.

OPOTA Course 03-415-15-04

Hocking College of Public Safety Services

3301 Hocking Pkwy.

Nelsonville, OH

Cost: See Course Description

H-11 Advanced JTAG Forensics & Cell Phone Repair

H-11 Advanced JTAG Forensics and Cell Phone Repair is five-day training course. Attendees learn the skills required to repair mobile devices and access JTAG connections. With the use of specialized tools included in the H-11 JTAG Kit, investigators are able to perform techniques and methods to bypass device security and perform memory acquisitions.

Course topics cover: disassembly and reassembly, damaged device repair, JTAG access and connections, soldering, mox/flex, jig techniques, pattern lock recovery, JTAG chain management and extraction, physical dump acquisitions from pattern locked Android devices, and device decoding and debugging. Course tuition includes the **H-11 JTAG Kit**: RIFF box, JTAG pin finder, soldering & repair tool kit, phone image carver, forensic explorer license (90-day).

July 20-24, 2015 | 9 a.m.-5 p.m.

OPOTA Richfield

4055 Highlander Pkwy.

Richfield, OH

Cost: \$3,949

Pursuit Termination Techniques

This course provides students with the knowledge and skills necessary for successful termination of a vehicle pursuit. Students will receive classroom and practical hands-on training in the use of Precision Immobilization Techniques (PIT), tire deflation devices, pursuit intervention techniques, channeling and moving/stationary roadblocks. Legal and liability issues will also be addressed. Specially equipped OPOTA training vehicles will be used.

July 27-28, 2015 | 8 a.m.-5 p.m.

OPOTA Course 05-359-15-04

OPOTA London

1650 State Route 56 SW

London, OH

Cost: \$250

Basic Crime Scene Investigation

This course is designed to educate any officer who responds to, processes, or supervises crime scenes, explain current methods and trends in crime scene processing, demonstrate how to secure crime scenes so evidence is not missed or destroyed, explain how laboratory examinations of evidence collected at the crime scene may benefit their cases, show the proper photographs that should be taken at crime scenes, and suggest crime scene processing equipment that can be utilized by officers. (Attendees will receive copies of suggested crime scene documentation paperwork and forms to assist them in creating crime scene processing packets for their agency.)

Aug. 4, 2015 | 8 a.m.-5 p.m.

OPOTA Course 03-675-15-02

Washington State Community College

Center For Business and Technology (CBT) Room 103/105

710 Colegate Drive

Marietta, OH

Cost: Free

Basic Crime Scene Investigation

This course is designed to educate any officer who responds to, processes, or supervises crime scenes. It will also cover current methods and trends in crime scene processing, demonstrate how to secure crime scenes so evidence is not missed or destroyed, explain how laboratory examinations of evidence collected at the crime scene may benefit their cases, show the proper photographs that should be taken at crime scenes, and suggest crime scene processing equipment that can be utilized by officers.

Aug. 18, 2015 | 8 a.m.-5 p.m.

OPOTA Course 03-675-15-01

Owens Community College-Center for Emergency Preparedness

30150 Tracy Road

Walbridge, OH

Cost: Free

Procedural Justice and Legitimacy

Procedural justice is the process used by police officers in which citizens are treated fairly and with proper respect. Legitimacy refers to when a citizen feels that a police officer should be deferred to, complied with, and trusted. The goal of procedural justice and legitimacy is to strengthen the department's relationship with the community, ultimately improving officer safety and efficiency. It's as basic as the old adage: It is not what you say, but how you say it. It's not just about what you do, but how you are doing it.

Procedural Justice and Legitimacy in law enforcement is not just a strategy, but a movement. By fostering an environment where procedural justice principles become standard practice, the department can create an organizational culture that fosters a true partnership with the public and leads to safer work environments.

This course was developed through the Ohio Peace Officer Training Academies partnership with the Education and Training Division of the Chicago Police Department, with substantial support from Yale law professors Tom R. Tyler and Tracey L. Meares. Additional cooperation from researchers Dennis P. Rosenbaum, Amie M. Schuck, and other staff from the University of Illinois at Chicago was critical in the implementation of the initial Procedural Justice curriculum.

Sept. 9, 2015 | 9 a.m.-4 p.m.
OPOTA Course 02-342-15-08
The Family Center
1800 N Blanchard St. Room 117
Findlay, OH
Cost: Free

Sept. 16, 2015 | 9 a.m.-4 p.m.
OPTOA Course 02-342-15-09
The Family Center
1800 N. Blanchard St. Room 117
Findlay, OH
Cost: Free

Patrol Drug Operations

This is a two-day course for all patrol officers. Topics include the development of street informants, recognition of high risk zones, search methods, and surveillance techniques, along with directed patrol strategies. Course includes descriptions of hidden compartments in vehicles and K-9 deployment, along with observation techniques for drug interdiction within patrol.

Sept. 23-24, 2015 | 8 a.m-5 p.m.
OPOTA Course 53-400-15-03
Owens Community College-Center for Emergency Preparedness
30150 Tracy Road
Walbridge, OH
Cost: \$130

Introduction to Energy and Crush

This three-day course will provide officers with additional skills to investigate and reconstruct traffic collisions using energy and crush. Topics covered in this course include energy-based methods and techniques in determining crush and analyzing traffic collisions. Officers will measure vehicle crush and apply mathematical formulas to determine energy, speed, and velocity. Students will need a scientific calculator and will participate in outside exercises. The course is limited to 20 officers.

Sept. 29, 2015-Oct. 1, 2015 | 8 a.m.-5 p.m.

OPOTA Course 03-424-15-02

Cleveland Metro Parks Ranger Headquarters

4600 Valley Pkwy.

Fairview Park, OH

Cost: \$200

Tactical Communication

This course covers critical communication skills for those tasked with maintaining their composure during potentially volatile encounters. Some of the topics covered include verbal and non-verbal skills, de-escalation techniques, guidelines for effective verbalization, active listening, and effective questioning techniques. Students can expect to be involved in role-playing as they practice the skills taught throughout the course.

Nov. 13, 2015 | 1 p.m.-5 p.m.

OPOTA Course 02-226-15-01

Sidney Police Department

234 W. Court St.

Sidney, OH

Cost: Free